

COSTA RICA PACKING LIST

To Keep In Your Carry On Bag

- 🇺🇸 **YOUR PASSPORT** 🖱️
- Trip Journal
- Flight Information
- Pens & Paper
- Charger for Electronic Devices
- Headphones
- Travel Pillow
- Sleep Mask
- One full change of clothes (contingency)
- Sunglasses
- Ibuprofen
- Prescription Medication with the label/
script so you can refill if needed and not
be questioned by the TSA.
- _____
- _____

Clothing (8 days)

- Underwear
- Socks
- Belt
- Sandals
- Athletic Shoes
- Dressier Shoes
- Shirts
- Shorts
- Pants
- Nicer outfits (Sun-Wed)
- Pajamas / Sleepwear
- Bathing Suit
- Hat(s)
- Raincoat / Light Jacket
- _____
- _____
- _____

Accessories & Miscellaneous

- Bible
- Deck of Cards / Simple Game
- Sunglasses & Glasses Case
- Umbrella
- Charger for Electronic Devices
- Ear Plugs
- Work Gloves (If needed)
- Ziplock Bags
- Plastic Bags
- Laundry Bag
- Motion Sickness Medication
- Multivitamins
- Diarrhea/Laxative Medication
- _____
- _____

Toiletries

- Brush / Comb
- Shaving Supplies
- Toothbrush
- Toothpaste
- Deodorant
- Soap / Bodywash
- Shampoo
- Conditioner
- Face Wash / Wipes
- Lotion / Moisturizer
- Contacts, Solution, & Case
- Lip Balm / Chapstick
- Dental Floss
- Feminine Products
- Tweezers
- Nail Clippers / File
- _____
- _____

Checklist for Leaving Home:

- Call debit/credit cards to enable international use.
- If desired, adjust cellphone plan for international travel
- Lock doors and windows.
- Adjust thermostat and water heater to away mode.
- Store valuables in a safe place.
- Leave House Key with trusted person.
- Arrange for pets and lawn care.
- Put mail on hold.
- Leave copies of IDs, credit/debit cards, and itinerary with trusted person.